

Clinical Research Unit (CRU) Inpatient Mobile Services, NMH

Inpatient mobile services bring clinical research to the patient bedside. CRU nurses travel to NMH inpatient clinical areas to administer investigational treatments, perform safety monitoring, and collect specimens.

GOALS

- Support clinical research teams and increase clinical trials availability for patients in NMH inpatient clinical areas.
- Ensure protocol and regulatory compliance.
 - Clinical research nurses are trained and experienced in rigorously following research protocols, allowing bedside nurses to focus on clinical care.
 - Clinical research nurses complete Good Clinical Practice (GCP), research ethics, and protocol training.
- Allow for patients to receive the “right care, in the right bed, with the right caregivers.”
 - Provide care for patients by clinical teams with the most expertise.
 - Optimize patient experience by providing a consistent environment.

AVAILABILITY

- Hours
 - Inpatient mobile services are available 7:30am-7:00pm, Monday – Friday, and may be available on a limited basis as follows; contact us to discuss.
 - Nights and weekends
 - NM observed holidays, e.g., patients in immediate need of treatment with an investigational drug, such as for a patient with acute leukemia. See NMI or call the CRU for a list of holidays.
 - CRU CoreLab is available to process specimens received 7:30am-5pm, Monday - Friday.
 - Complex processing (that requiring a laboratory technologist) may be available outside of these hours; contact us to discuss.
 - Investigational Drug Services (IDS) business hours are Monday-Friday, 8AM – 4:30PM. Contact IDS at NMInvestigationalDrugServices@nm.org for information about the availability of investigational products outside of these hours. For urgent issues and/or off-hours enrollments, page the on-call IDS pharmacist at 1-6557 (or search NMI Web Paging for ‘Pharmacist Investigational, Pharmacy).
- Scheduling
 - At least 24 business hours’ notice is required to schedule visits occurring Monday-Friday 7:30am- 7:00pm.
 - At least 2 business days’ notice is required to schedule weekend or night visits.
 - We cannot guarantee coverage of all requested weekend or night visits.
 - At least 72 hours’ notice is strongly encouraged for ALL visits
 - For the first patient on study, 72 hours’ notice is required.
 - Contact CRUSCHEDULE@nm.org or call 312-926-4452 to confirm the desired appointment time is available before submitting a registration form.
 - It is rare that requests for same day scheduling can be accommodated.
 - We will accommodate schedule changes to the best of our ability, but may not always be able to.

BEST PRACTICES FOR STUDY TEAMS

- When submitting your study to CRU:
 - Specify which study activities are expected to occur outside of the business hours noted.
 - Indicate anticipated frequency of occurrence outside of CRU business hours for each activity, and how much notice will be provided when scheduling.
- Study activities to highlight at or prior to submission include, but are not limited to:
 - Medication administration,
 - Safety monitoring, labs, VS, EKGs, etc.,
 - Post medication administration observation for adverse effects,
 - Specimen collection and processing,
- Any complex, novel, and/or serial protocol driven activities.
- To discuss preparations for a new study or revisions to an established one: CRUCRNC@nm.org.
- If your study is particularly complex or novel, please request a pre-submission feasibility consult.